

2009 August 26

ROSELANDS FC NEWS LETTER



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Wednesday 26 August 09
Issue 16 Round 20

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2009 Committee

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Competition Secretary:- John Mamatsi
Media Rep.:- Jeff Gissing
EC member:- Alan Daizli
CDSFA Delegate:- Steliy Georgiou
CDSFA Delegate:- Grace Martin
Canteen Manager:- Lisa Fotakopoulos

Roselands FC Calling For Volunteers

We are currently seeking volunteers to help out with various tasks for the club during 2009. It is sometimes easy to neglect how much work is required to keep a successful club of this size running smoothly throughout the season.

Even the smallest amount of assistance is greatly appreciated and contributes significantly to the overall operation and success of Roselands FC.

As always we constantly need assistance with canteen, BBQ, field set up, coaching, managing etc etc! Remember that the club is all of us and we all need to be involved to make it all happen. As the old saying goes, "**many hands make light work.**"

We ask that anyone that considers themselves able to help out in any capacity no matter how insignificant it may seem, please contact us.

Channels of Communication

USEFUL INFORMATION

Do you have any news you'd like to share?

Do you need to contact us?

Do you want the latest news and information?

Keep this for future reference:

Club Telephone: 9533 4273

Secretary's Telephone: Jeff 0417 216 520

Registrar's Telephone: John 0438 230 595

Club's Website: www.roselandsfc.com.au

Club mailing address: P.O. Box 81

Beverly Hills, NSW 2209

There are many channels of communication within our club. These include email, SMS, the web site, the Striker and the pigeon holes located in the club house.

As all of you are in the club house at some point during the week for training, could you please remember to check your pigeon holes. There is a host of information put in them most weeks about upcoming games, canteen rosters and club news. All of which will help you keep your players and parents well informed and will allow you and the parents to organise their time.

For up to date information, the best place to check is the web site. Having said that, please also note that there are certain things that are not posted on the web and are only placed in your pigeon holes. So please check them.

If you cannot find information through these sources, as always the members of the EC are more than happy to answer any questions, direct or help you in any way we can.

Outstanding Fees

All outstanding fees are required for payment to the club as soon as possible. This is a requirement to ensure your child has adequate insurance coverage with the club, and is registered.

Remember **"No Pay No Play"**

Match Sheets

- Completed match sheets, for that weeks round, should be returned to the club house by **Sunday afternoon**. There is a wooden vertical file on the desk. Please place the sheet in the corresponding slot (as labelled).

- The weekly Striker is published on the Web every Wednesday. **Close off** for submission of match reports for inclusion is **Tuesday night**. This allows time for putting it all together and publishing. If you miss the Tuesday day deadline, please still submit your report. It will be included in the following week.

- If you have a problem submitting your match report please check your antivirus & browser settings, adjust if necessary. If you continue to have problems please contact our webmaster.

Quote of the week!

"Every defeat is a victory in itself."

JERSEY WASHING INSTRUCTIONS:

1. DO NOT IRON JERSEYS!

2. Wash all jerseys together inside out

3. Cold machine wash.

If you experience any problems with the shirts please let us know ASAP



Coach Talk

Keep Your Passes Sharp

It's easier to control a crisp pass and make your next move with the ball when you receive a sharp pass rather than a soft, lazy pass. It takes less effort to re-direct the ball into a space when it is played to you with pace.

Striking the ball with pace also creates intensity around your game. It keeps the game flowing quickly. You show that you are ready to receive the ball back and it sends a message of assertiveness: You want to play.

Most importantly though, a teammate is only open for a short period of time before they will be closed down. It's key to get the ball to that teammate as soon as possible to take advantage of the time and space they have, so that your team can rapidly shoot and score.

However, there are also times when you want to play a soft pass. Send a different message by the weight of the pass. A slow pass means the player should come back to receive the pass, thus opening up the space behind the player. A hard pass means you are marked tightly and must shield the ball or play a one touch pass.

Drill of the Week

Mobility & Support

TRAINING OBJECTIVE:(ATTACK) MOBILITY & SUPPORT

PRIMARY FOCUS: Repetition of Technical functions and necessary cues to combine in small groups. (Pair combinations and threes)

SECONDARY FOCUS: ALL Principles of Attack; Width, Depth, Support, Penetration & Mobility as necessary.

AGE LEVEL: U10-12

Phase I

TECHNICAL WARM-UP: (15-20 min.)

a. Skills Network (50% w/ balls, 50% targets)

Coaching Philosophies

The statement "Playing time is earned, not given" is the foundation of the coaching philosophy. Most teams have starters and role players. However, starters should not receive any special treatment. Everyone on the team is expected to put the best interest of the team first, before any thought is given to individual accomplishments. No individual, coach or player, is more important than the team.

b. Two-player passing sequences

+ double-pass

+ mobility Cues

Phase II

SMALL-SIDED (Functions): (15-20 min.)

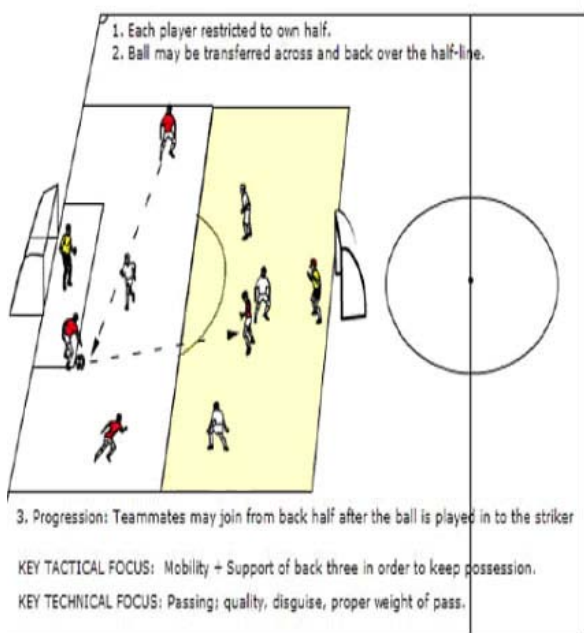
The objective in this phase is to re-create decisions & selected conditions of a competitive environment (opponents)

Organization::

- 2-4 groups @ 4 players
 - Grid approx. 25 x35
 - Four players per grid (3 red, 1 Blue)
 - Begin with ball exchange by hand service
- a. Hand service- rolling
b. Service w/ feet only



Phase III



EXPANDED SMALL-SIDED:
(Technical & Tactical Functions together)

Key Concepts:

- Establish rhythm and quality possession in areas where you are “numbers-up”
- Effective body shape to receive, mobility and group shape in the back half.
- Immediate decision to step forward once ball is safely delivered into front half.

Restricted Zones: Four Versus Four

Coach Talk By Coach Con...

Joke of the Week

Two men were at a football match and it was just seconds away from kick-off.

"Man," said the first man...

"I'm bursting for a pee, and the toilets are miles away"

"Don't worry," said the second man...

"You see that bloke in front of you? Just pee up his leg."

"Are you crazy?" said the first man...

"that bloke's massive."

"Oh," said the second man...

"he won't notice anything."

"How do you know?" said the first man.

"Because I've just peed up yours!" said the second man.

MATCH REPORT WRITERS, COACHES AND MANAGERS

...across all grades and ages we'd greatly appreciate all teams having a match report submitted. It takes just a few minutes and is enjoyed by most players and parents. With so many teams trying so hard to break into a winning run and others overcoming all sorts of difficulties, many people read all the match reports. Keep them coming and if you feel it appropriate to share the workload around, that's ok, but we do ask that this be organised through your manager.

CAN'T FIND YOUR TEAMS MATCH REPORT LISTED IN THE FOLLOWING PAGES?

Then refer to your teams coach or manager, chances are that they haven't submitted one yet. It's very simple to do... go to our home page, click on "Match report"... and fill in the blanks!!

Southern District Futsal

Roselands FC is by no means endorsing this competition, merely displaying the information for those who might be interested...

Southern District Futsal is a newly affiliated Futsal Club to Football NSW Futsal. They have had a long standing association with the sport (almost 20 years) at local, regional and state levels in administration and coaching.

They have been operating from the Mortdale Bowling Club. More recently, as a joint venture with NSW Futsal, they are to commence Summer competitions at the Riverwood Bowling Club.

All players who register with them will be fully insured under the FFA registration scheme (i.e. same as the Outdoor Clubs). For more information read the flyer on [Roselands FC](#) website.

Want To Play Soccer This Summer?

"Want to play football this summer? Looking for a team? Are you over 35? If you answer yes to these questions, then look no further. Coach and club man Wayne Morris is looking to put a team together to play Summer Soccer at Lees Park. Wayne is looking for an O/35 lower division team to play in this comp, and then maybe stick together to play winter outdoor. Interested? Please contact Wayne ASAP on 0418464174 to join up. Thanks."

Match Reports Week 20

U7/Kookaburras vs Corellas | Lost 5-7 |

DATE: 22/08/09 ROUND: 20

Match Report: What an awesome game to finish off the season. No one got tripped and all kids finished the game with a smile on their face. Congratulations to all kids as they kept improving all year. Thankyou to all parents for their patients and dedication to their children. A well earned rest now and hope to see you all next year.

COACH NAME: Arthur Athanasiou

MANAGER NAME: Maria Athanasiou

U8/3 vs Hurlstone Park B | Lost 3-5 |

DATE: 22/08/09 ROUND: 20

Match Report: **No Match Report Submitted** ☹️

COACH NAME: Wayne Morris

MANAGER NAME: Angela Soliman

	A Vibrant & Exciting Day or Night Out Come and have a great time out with all the family at Kingsgrove RSL CLUB 4 Brocklehurst Lane Kingsgrove, NSW 2208 (02) 9150 6822
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U8/4 vs Enfield A | Lost 2-3 |

DATE: 22/08/09 ROUND: 20

Match Report: **No Match Report Submitted** ☹️

COACH NAME: ANGELO HOULIARAS

MANAGER NAME: Fay Sleiman

U8/9 vs Leichhardt Saints | Won 10-1 |

DATE: 22/08/09 ROUND: 20

Match Report: **No Match Report Submitted** ☹️

COACH NAME: Jacob Stavrou

MANAGER NAME: Thea Georgelli

U9/1 vs Leichhardt Tigers A | Drew 3-3 |

DATE: 22/08/09 ROUND: 20

Match Report: Well done 9/1's for a fantastic end to a great season. you guys played a great game. We were done two players and had no reserves, and you guys still kept going. We had an official referee and the game was fair. Well done 9/1's.

COACH NAME: Allen Daizli

MANAGER NAME: Fay Sleiman



U9/4 vs Burwood | Drew 3-3 |

DATE: 22/08/09 ROUND: 20

Match Report: **No Match Report Submitted** ☹️.

COACH NAME:

MANAGER NAME:



U9/4 vs Balmain | lost 2-3 |

DATE: 22/08/09 ROUND: 20

Match Report: **No Match Report Submitted** ☹️.

COACH NAME:

MANAGER NAME:



U10/2 Gold vs Enfield | Won 1-1 / 4-3 Penalties |

DATE: 22/08/09 ROUND: Major Semi Final

Match Report: **No Match Report Submitted** ☹️

COACH NAME:

MANAGER NAME:

U11/1 vs Leichhardt Tigers A | Lost 1-2 |

DATE: 22-08-09 ROUND: Final

Match Report: **No Match Report Submitted** ☹️

COACH NAME: Steliy Georgiou

MANAGER NAME: Ignatious Meliss

U15/2 Girls vs Russell Lea | Lost 2-3 |

DATE: 23/08/09 ROUND: Final

Match Report: Hi Girls GREAT game today! We finished our season with our best game ever and we achieved our goal "to enjoy ourselves and enjoy the experience of playing as a team!" We took Russell Lea to the max! We came away behind 2-3 after extra time, but there was so much to take away from today. I enjoyed it; your parents were proud of you; and you all achieved your goals! Great play and no-one let the team down! We attacked well in the first half, after a slow and tentative opening 10 minutes, but still put many questions to the goalie, who came back with the ball time-and-time again. We were the better team without the lucky finish. Their only chance went in to be 1-0 at half time. To be 2-0 after halftime was disappointing, because the whole team was still throwing themselves into the game and I saw the shoulders slumping! BUT it was captain Rima and our belief in ourselves that picked us up and Nicole's opportunist goal that got us going. A little luck came our way after many, many promising attacking raids, and the joy of a goal made us TALL again. Mary-Ann's goal soon followed after again more sustained attack. We were on a roll at 2-2 and pressed hard for the winner in the closing minutes, but it wasn't to be. At fulltime, we all knew how much pressure the Russell Lea team was under!!!! We couldn't quite slot a goal in the extra-time, but not to matter. We proved our point, many memorable moments - too many to recall all. Here's a few that I have: great work UNDER the bouncing ball - our confidence with the bouncing ball went from zero to hero, Shae's great defensive work Alicia staying on their best attacker and chasing hard to put her and the ball away from goal and close down the threat Rima's 100% clearance rate, Elizabeth's confidence under the ball with her headers and holding her own in the challenges for the ball, Jessica turning the ball left and right to get out of trouble and then direct passing to a player on the attack, Bronte's great ball control and coverage of the WHOLE field, Jodie's combination with Bronte to build an attack, Shae's great throws, Rana's full field coverage to get the ball forward, Mary-Ann's speed, skill and crossing, Rana's great corner kicks and determination. We'd be lost without them, Nicole's attacks on the gaolie to pick up a great opportunist goal to put us back in the match. EVERYBODY'S positive approach and belief in their TEAM when we were 2-0 down!!!! Chrystalla's 110% effort to "do her job" in the defence. Did not give her girl an inch, Rima's dogged chasing on the ONE time an attacker got past to put her into the corner and force a throw-in. Emily's courage to come off the goalline and attack the ball. Mary-Ann's fine-touch to play the ball forward into space and then chasing hard to create the opportunity through the centre. Shella's speed and skill to shut down the attackers. As much as there were these individual efforts, there was the WHOLE TEAM effort and combination that was the "stand-out" today! We encouraged each other before and during the game. And we celebrated our great teamwork and effort after the game. No-one ever put anyone else down. This was an important part of our season and our team. Our goal was to BUILD teamwork and enjoy being a PART of that team. We have thoroughly enjoyed our season and we come away with better skills; a determination to win; and with some more good friends.....and you can never have too many of those!!! I HAD A BALL!!! Thanks for being part of the team!!!

COACH NAME: John English MANAGER NAME: Karen McCarney



U18/1 vs Concord | Won 3-1 |

DATE: 23/08/09 ROUND: 22

Match Report: **No Match Report Submitted** ☹

COACH NAME: Trevor Ratcliffe

MANAGER NAME: George Hantzis



AA/7 vs Leichhardt Tigers | Lost 0-4 |

DATE: 15/08/09 ROUND: Minor Semi Final

Match Report: **No Match Report Submitted** ☹

COACH NAME: Imad Alameddine

MANAGER NAME: Leon Vergelatos



Late Match Reports from Previous Rounds

No Late Match Reports Submitted ☹

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Stay tuned for next weeks Edition....

*Can
Striker Editor*