

# 2009 SPONSORS & SUPPLIERS

Our club was proud to be associated with the following sponsors:

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## *Suppliers*

DS Sports – 9580 9477  
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Le Chantily Bakery - Narwee  
M & J Chickens - Marrickville

We look forward to their continuing Sponsorship & Support for the 2010 season.



# Roselands Raptors Soccer Football Club Inc

## Founded 1972



## 2010 Handbook

# A NOTE FROM THE PRESIDENT

On behalf of the Executive Committee (EC) I would like to extend a warm welcome to all Players, Coaches, Managers and their families. I trust and hope you have all had a well-earned rest and are now ready for a great new season ahead of us. To all those players returning for another season, we wish you all success on and off the field. To the new players and family members, you are joining a well-established, long-standing Club, which enjoys wide respect within the Canterbury District Community.

Roselands Raptors Soccer Football Club (RRSFC) takes pride in promoting the game of soccer – it enhances community and family interaction, friendships and promotes a safe competitiveness within the District. When you become part of a soccer sporting team, you begin to look forward to your training and games on the weekend with great enthusiasm! It really is a great way to start your weekend!

We will strive this season to play well and fair and achieve all our goals come the end of the season.

Yours in sport,

,

*Imad alameddine*

SUN SMART: Although not compulsory but it makes great Sun Sense - we would like to remind every player and spectator to always wear sun block whilst in the sun and a cap.

Each player should ensure they bring their own drink bottle containing water (preferably) on training nights and game days.

Items for Sale: Be proud to be a RAPTOR – there are various items of merchandise available from the canteen, these include balls, caps, badges, polo shirts and tracksuits.

First aid kit: There are several First Aid Kits in our clubhouse. If you ever require items from these kits they may be obtained from the canteen.

## COMPETITION RULES

Refer to noticeboard in clubhouse and [www.roselandsfc.com.au](http://www.roselandsfc.com.au) and click on the links

Your manager/coach will advise you when you have duty.

There are always committee members available to help you through your duties so don't have the fear of not knowing what to do – we just need your help.

The Executive Committee always appreciates the parent's support whenever possible. On game days, members of the Executive Committee would also like to be able to watch their children's games so your assistance and support will allow them to do so.

### ***Uniform Policy***

Since the formation of RRSFC the colours have been bottle green & gold – it was the dream of our club founders that their soccer teams wore the colours of Australia - a mark of respect for our great country. Our club continues to wear these colours with pride.

Over the years the colours have not changed but our playing strip has changed with the market trends.

Jersey instructions: DO NOT: Iron or tumble-dry when washing and never, ever swap with other teams

### ***On Game Day:***

On game day each player must play in the correct "club uniform". There are no exceptions to these rules and no player will be allowed onto the field without the correct gear.

JERSEY: supplied on the day by the coaching staff, which have the responsibility of looking after the jerseys throughout the season.

SHORTS: You will be required to purchase your own shorts. (Available from the club house on training nights or game days)

SOCKS: provided to each registered player at the beginning of the competition season (April)

SHIN PADS AND BOOTS: You will be required to purchase your own shin pads and boots. These items are compulsory under the rules & regulations of Football NSW. (Referees & Linesmen have the responsibility of checking that players have the appropriate gear on)

## **WELCOME**

Welcome to all - the Life Members, Coaches, Managers, Players, Parents, Families and Friends!!

For those who are unaware, Tony and Grace Martin founded the Club in 1972. This year marks the 38th anniversary of RRSFC.

Should you have any queries throughout the season, please do not hesitate to approach the Committee.

The Committee is made up of volunteers who happily donate their time and services for the good of the Club and its members. We welcome those who feel they can contribute in any way and look forward to hearing from you with any suggestions and ideas.

The Committee is further enhanced by the dedication of our Coaches and Managers. They spend many hours training and moulding our players to be the best they can be. They are an integral and valued part of our Club and much of its success is attributed to their commitment. Please support them in any way you can to ensure a successful season.

The Club is represented on field through various competitions ranging from Minis (U6-U7), Midis (U8-U9), Juniors (U10-U12), Youth (U13-U19) and Seniors (Club Ladies, and All Age Men's).

RRSFC would ask that all players, parents/guardians & team officials follow and obey all rules set by the CDSFA and display the true spirit of sportsmanship.

Never forget that you all represent the club wherever you (or those you support) play.

Verbal abuse of players (from either side), referees or team officials by anyone is unsportsmanlike, rude and exposes the club to risk of fine and/or suspension.

On a ground the only persons allowed to enter the roped off area are the nominated players for the game, team officials and grounds personnel. They may only enter the field of play at the invitation of the referee.

Please play and support the game in the right manner and lead by example.

# COMMUNICATION

We believe that communication is paramount in keeping our members, players, and supporters up to date with what is happening in our club as well the football community at large. To this end we have a number of avenues that you can use to keep up to date with 'what's on' and 'what's hot'! Your primary source of information is your coach and manager. They are kept up to date with what is happening in the club and in the district and are asked to pass this information on to you.

We also have our fabulous web site, [www.roselandsfc.com.au](http://www.roselandsfc.com.au) that has all the latest news and views to keep you up to date. Our weekly newsletter the "Striker" is also available on the web site.

Another source of information is our association website, [www.footballcanterbury.com.au](http://www.footballcanterbury.com.au). There is a link on our website to take you there. Additionally, inside the Clubroom, you will find a notice board consisting of up to the minute information, weekend soccer draw and any respective information relating to your team. Kindly ensure you stay updated by reading the notice board.

If you are unable to get the answer you need from these sources, feel free to talk to one of our EC members who will always listen and try to resolve your issue. They are normally on the park most training nights and game days. Contact details are available on our website or on the notice board in the clubhouse.

Our email address is [roselands@footballcanterbury.com.au](mailto:roselands@footballcanterbury.com.au). This will be checked daily and your email will be responded to normally within 48 hours, if not sooner. All written correspondence can be sent to PO Box 81 Beverly Hills NSW 2019. The canteen phone number at Bennett Park is 9533 4273.

# GENERAL INFORMATION

**Please note that registration fees must be paid at time of registration.**

## ***Wet Weather Arrangements***

In the event of wet weather for training nights and game days, please contact YOUR coach or manager for details. The Club Secretary will inform all coaches/managers of any changes as soon as information becomes available. The Canterbury Council Wet weather information number is: 9718 7666.

## ***Proposed calendar of events/fundraisers:***

April – McDonalds fun night, Coach & Manager Dinner  
May- Bingo night, Club photos, FA Cup Night  
June – Trivia night, Gala day  
July - Family disco and McDonald's fun night  
September – Senior & Junior Presentations

## ***Registration requirements including canteen/field duty***

### **VOLUNTEERS RUN OUR WHOLE CLUB**

1. The Executive Committee is made up of individuals (mostly parents) who gladly give up their time for the enjoyment of the sport and to help their club. They bring with them various skills, which help to administer all the necessary functions to run the club.
2. Our Coaches and Managers – the heroes of our club - who attend week in and week out to promote and develop the game of soccer. They teach our teams, provide encouragement and sacrifice a lot of their own time to teach others the skills they have ranging from basic to the elite.
3. And then there is You - the parent or adult who is required to volunteer also. As you are aware, after completing the registration form, you will need to assist in the running of the canteen, BBQ duty and dressing and undressing the fields when playing at our home park.

# 2009 CLUB REPORT CARD

16 Non Competitive Mini Teams u/6's to u/9

## **23 Competition Teams**

1xU10 Team, U10-2 Gold Premiers  
1xU10 Girls  
2x U11 Teams, U11-1 Semi Finalists  
2xU12 Teams  
1xU12 Girls Team  
1xU13 Team, 13-2 Semi Finalists  
1xU13 Girls Team  
2xU14 Teams, U14-3 Semi Finalists  
2xU15 Teams, U15-2 Runners Up  
2xU15 Girls teams, U15-1 Runners Up, U15-2 Semi Finalists  
1x U18 Team, U18-1 Semi Finalist  
5x AA Men's Teams, AA2 Men Semi Finalists  
AA7Men Semi Finalists  
1 x AA Women's  
1 x O35's

## **2009 Perpetual Award Recipients**

Junior Sportsman: Justin Elazzi  
Junior Sportsman Merit: Stephen Georgiou  
Junior Sportswoman: Amanda Daizli  
Junior Sportswoman Merit: Sarah Mitchell  
Junior Goalkeeper: Christopher Mamatsi  
Senior Sportsman: Bassem Abdul-Menhem  
Senior Sportsman Merit: Not Awarded  
Senior Sportswoman: Not Awarded  
Senior Sportswoman Merit: Not Awarded  
Senior Goalkeeper: Mathew Manos  
Coach of the Year: John Mamatsi  
Manager of the Year: Maria Athanasiou  
Team Sportsmanship: U10-2 Boys

## **Thomas Wake Memorial Award**

Nicole Michael U12-1Girls

# ROSELANDS CODE OF ETHICS

- Respect the rights, dignity and worth of every human being.
- Place the safety and welfare of the players above all else.
- Be impartial.
- Avoid any situation, which may lead to a conflict of interest.
- Be courteous, respectful and open to discussion and interaction.
- Value the individual in sport.
- Seek continual self-improvement through study, performance appraisal and regular updating of competencies.
- Encouraging inclusiveness and participation in all areas of club activities.
- Be a positive role model in behaviour and personal appearance.
- Refrain from any form of personal abuse towards players.
- Refrain from any form of harassment towards players.
- Be a positive role model for your sport and other officials.

(See "Official's Code of Ethics" statement for more details)

# EXECUTIVE MEMBERS 2010

The Executive Management Committee comprises of sixteen elected members.

President - Imad Alameddine  
Senior Vice President - Alan Daizli  
Junior Vice President - Vacant  
Treasurer - Vacant  
Secretary - Vacant  
Assistant Secretary - Maria Gissing  
Competition Secretary - Wayne Morris  
Registrar - Wayne Morris  
Member Protection Officer - Maria Gissing  
Sponsorship Co-ordinator - Vacant  
Social Secretary - Vacant  
Media Rep - Jeff Gissing  
Womens Football Reg - Vacant  
EC Member/CDSFA Delegate - Leon Vagelatos  
EC Member/CDSFA Delegate - Dion Thomas  
CDSFA Delegate - Grace Martin  
EC Member - Samya Daizli  
Canteen Manager - Vacant

## LIFE MEMBERS

Tony Martin Snr  
Grace Martin  
Peter Temple  
Muriel Twentyman  
Jeff Whelan  
Gary Orth  
Christine Bartels (Martin)  
Ken Martin  
Arthur Medbury  
David Kelly  
Trevor Ratcliffe  
Mark Ratcliffe  
Jeff Gissing  
John Mamatsi  
Maria Gissing

# COACHING TIPS

## *Coach Education*

In order to ensure the players of today are prepared to be the players we need for the future, Football NSW runs an extensive development program for coaches and potential coaches. This provides nationally recognised coaching qualifications, in conjunction with The Football Federation Australia and the other State/Territory Football Federations.

On this page, we will be bringing coaching tips to assist in your coaching duties.

## *How to make Soccer enjoyable*

We want the experience of playing 'the beautiful game' to be an enjoyable one for players, so to help make your club environment the right one we've reproduced below some tips from Volume 1 on 'Basic Training' from the coaching series books 'Success in Soccer'.

- Young players want to play soccer free of all duress.
- Just for themselves.
- Without being greatly influenced by the coach.
- Without being told what to do by their parents.
- In step with their own wishes.
- At a level matching their capabilities.
- In small groups.
- These are the elements, which create maximum enjoyment and sow the seed for a life-long enthusiasm for soccer.
- The children's game must not become like the adults' game.
- There is no place in children's soccer for adults telling them what to do or imposing overly narrow rules or constraints on them.
- Coaches must hold back when dealing with very young players. Although coaches must display enthusiasm and show their readiness to help, their main duty is to encourage and organise informal and carefree games.

# 2010 SMALL-SIDED GAMES

## *'The New Beginning'*

In 2008 The FFA, Australia's Football governing body introduced a change to the way junior football was played in Australia to be known as SMALL SIDED GAMES (SSG).

SSG is about learning, self-experiencing, having a lot of touches on the ball and above all, children having fun every time they step on the pitch.

Benefits of Small Sided Games;

- More Touches of the ball.
- More shots on goal
- Repeated decision-making experience
- The ball is in play more often
- The emphasis is on player development rather than winning or losing
- More 1 v 1 attacking situations
- The game is easier to understand freedom of expression-no positions in early stages
- Less perceived stress on the players
- Less perceived pressure from coaches & managers
- parents more likely to volunteer for SSG game leader roles
- children enjoy the progressive & sequential game formats

For more information and resources on SSG go to our website, [www.roselandsfc.com.au](http://www.roselandsfc.com.au) or [www.footballaustralia.com.au](http://www.footballaustralia.com.au)

# FOOTBALL NSW

## CODES OF BEHAVIOUR

### *Administrators' Code of Behaviour*

- Involve children in the planning, leadership, evaluation and decision making related to the activity.
- Ensure that equal opportunities for participation in sports are made to all children, regardless of ability, size, shape, sex, age, disability or ethnic origin.
- Equipment and facilities must be safe and appropriate to the ability level of participating children.
- Rules, equipment, lengths of games and training schedules should take into consideration ability and maturity level of participating children.
- Ensure that qualified and competent coaches and officials provide adequate supervision, develop appropriate sports behaviour and skill technique.
- Focus on the needs of participants rather than the enjoyment of the spectators.
- Provide clinics aimed at improving the standards of coaching and officiating, with an emphasis on appropriate behaviour and skill technique.

### *Officials' Code of Behaviour*

- Modify rules and regulations to match the skill level of children and their needs.
- Compliment all participants on their efforts.
- Be consistent, objective and courteous in calling all infractions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Use common sense to ensure that the "Spirit of the game" for children is not lost by overemphasising errors
- Publicly encourage rule changes, which will reinforce the principles of participation for fun and enjoyment
- Actions speak louder than words.

## ***Coaches' Code of Behaviour***

- Be reasonable in your demands on young players time, energy and enthusiasm
- Avoid over-playing the talented players. The “just average” players need and deserve equal time
- Remember that children participate for fun and enjoyment and that winning is only part of the motivation. Never ridicule or yell at the children for making mistakes or losing a competition.
- Develop team respect for the ability of opponents as well as for the judgement of referees and opposing coaches.

## ***Parents' Code of Behaviour***

- If children are interested, encourage them to participate. However, if a child is not willing, do not force him or her
- Focus upon the child's efforts and performance rather than the overall outcome of the event.
- Teach children that an honest effort is as important as victory.
- Never ridicule or yell at a child for making a mistake or losing a game
- Remember that children learn best from example. Applaud good plays by all teams
- If you disagree with an official, raise the issue through the appropriate channels rather than question the official's judgement and honesty in public
- Support all efforts to remove verbal and physical abuse from sporting activities

## ***Spectators' Code of Behaviour***

- Children play organised sports for fun.
- Congratulate all participants upon their performance regardless of the game's outcome.
- Respect the referee's decision.
- Never ridicule or scold a child for making a mistake during a competition.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
- Show respect for the team's opponents.
- Encourage players to follow the rules and the referee's decision.
- Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches or referees.

## ***Players' Code of Behaviour***

- Play by the rules.
- Never argue with a referee.
- Control your temper.
- Be a Good sport.
- Treat all players, as you would like to be treated.
- Do not interfere with, bully or take unfair advantage of another player.
- Co-operate with your coach, teammates and opponents.
- Work equally hard for yourself and/or for your team. Your teams' performance will benefit and so will you